



INCLUDING
YOUTH SAILING WORLD CHAMPIONSHIP QUALIFIER FOR 29ER, INT 420 AND ILCA 6
AND

ILCA MIDWINTERS WEST

WORLD SAILING 50 POINT GRADED EVENT / 30 ILCA NA GP POINTS FOR THE ILCA 7 MALE AND ILCA 6 FEMALE
AND

SCYYRA ULLMAN FROST SERIES - ILCA 6 AND ILCA 7
SCYYRA HAMLIN SERIES - 29ER

MARCH 21ST TO 24TH, 2024
7201 E Ocean Blvd, Long Beach, California USA
Alamitos Bay Yacht Club.

NOTICE OF RACE

This event is being used as a selection event by the [US Sailing’s International Selection Committee for the US representatives](#) at the 2024 Youth Sailing World Championship planned for Lake Garda, Italy, from 13-20 July 2024. This event is **open to sailors of any age** wishing to compete. US Sailing’s Olympic Development Program (ODP) was launched in **January 2015** to lead the progression of the most promising youth sailing talent in the US.

1. RULES

- 1.1. This event is governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2. The US Prescriptions to rule 63.2 is deleted. The US Sailing prescriptions are available at <https://www.ussailing.org/competition/rules-officiating/racing-rules/>

2. SAILING INSTRUCTIONS

- 2.1. The sailing instructions will be available on the online official notice board.

3. COMMUNICATION

- 3.1. The official notice board is located online at <https://abyc.org/regatta/3xQr0Izm72/#notice-board>.
- 3.2. Notices may also be posted as a convenience on the notice board located near the race entry room at ABYC.
- 3.3. [DP] While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4. ELIGIBILITY AND ENTRY

- 4.1. The event is open to boats of the following classes.

Equipment	Quota	Minimum
29er	none	5
Int 420	none	5
ILCA 4	none	5
ILCA 6	none	5
ILCA 7	none	5

For the Youth World Qualifier equipment the gender requirements will apply, however, boats not meeting the gender and age requirements may participate and class prizes will be awarded for the top finishers, but these teams are not eligible to qualify for the Youth World Games.

a) Youth World Disciplines:

Discipline	Equipment
Male One Person Dinghy	ILCA 6
Female One Person Dinghy	ILCA 6
Male/Mixed Two Person Dinghy	Int 420
Female Two Person Dinghy	Int 420
Male/Mixed Skiff	29er
Female Skiff	29er

- 4.2. Eligible boats and support vessels may enter by completing the online entry form <https://abyc.org/regatta/3xQr0Izm72> and submitting it, together with the required fee **by 1800 on March 19, 2024**. Entries will only be accepted after that at the discretion of the regatta organizers on the payment of an additional late entry fee.
- 4.3. A boat shall be entered by a member in good standing of a club affiliated to US Sailing or other World Sailing member national authority, or a member of a World Sailing member national authority. (see RRS 75)
- a) ABYC members may join US Sailing at a discounted rate through [ABYC/US Sailing Member Partner Program](#).
- b) Competitors who are not ABYC members can join online at www.ussailing.org/membership/.
- 4.4. Five entries are required to establish a class. Classes that fail to establish by March 1, 2024 may be cancelled and the entry fee of boats within that class refunded.
- 4.5. A boat shall be entered by a member in good standing of a club affiliated to a World Sailing member national authority or be a member of a World Sailing member national authority. (see RRS 75)
- 4.6. World Sailing Eligibility shall apply for competitors who wish to represent the US at the Youth Worlds. Each athlete shall be registered as a World Sailing Sailor on the World Sailing website: <https://www.sailing.org/sailors/world-sailing-profile/> World Sailing sailor IDs for both Skipper and Crew will be required to complete the online entry.
- 4.7. This event will be used as a selection event by [US Sailing's International Selection Committee for the US representatives](#) at the World Sailing Youth World Championships 2024 (Youth Worlds). Competitors who wish to represent the US at the Youth Worlds must meet the [US Sailing Athlete Selection System and Requirements](#).
- 4.8. Competitors shall produce evidence of membership of the appropriate class association as may be required by the organizing authority.
- a) ILCA competitors shall be members in good standing of their national Class Association.
- 4.9. On 1 March 2022, World Sailing published the following recommendations in reaction to the situation in Ukraine: <https://www.sailing.org/2022/03/01/world-sailing-statement-6/>. To help preserve the integrity and safety of the event, entries shall be open to competitors of all nationalities, but not to competitors holding only Russian or Belarussian nationality. World Sailing may amend this rule following any further decisions on the situation with Russia and Belarus.
- 4.10. Participants (Competitors and Support Persons), or the Parent/Legal Guardian of a participant who is a minor, shall accept and agree to the terms and conditions of the Regatta Waiver and Release of Liability as part of online registration. Minor's (participants under 18) Regatta Waiver and Release of Liability

form must be signed by their parent or guardian and emailed to odpmww@gmail.com. The forms are available for download from the online official notice board.

- 4.11. To be considered an entry in the event, a boat shall complete all registration requirements, pay all fees, and check in at the Race Office during registration.
- 4.12. Credentials for competitors and support persons will be available during registration at the Race Office.
- 4.13. **RELATED EVENT:** This regatta is part of the 2023/2024 SCYYRA Ullman/Frost Series for the ILCA 6 and ILCA 7, and the 2023/2024 SCYYRA Hamlin Series for the 29er. Eligible boats wishing to be scored in the SCYYRA series should complete a separate online registration at <https://www.scyyra.org>.

5. FEES

- 5.1. Fees are stated in US dollars and include any local taxes. Entries received by January 31st, 2024 will qualify for the Early Entry fee. Entries received by February 29th, 2024 will qualify for the Standard Entry fee. Entries received by March 19th, 2024 will qualify for the Late Entry Fee. Entries after March 19th, will only be accepted at the discretion of the organizing authority.

	Early Entry <i>Ends</i> <i>January 31, 2024</i>	Standard Fee <i>Ends</i> <i>February 29, 2024</i>	Late Fee <i>Ends 1800 on</i> <i>March 20, 2024</i>
Single Handed Classes ILCA 4, ILCA 6, ILCA 7	\$ 250.00	\$ 300.00	\$ 350.00
Double Handed Classes Int 420, 29er	\$ 300.00	\$ 350.00	\$ 400.00
SCYYRA Ullman / Frost Series Fee (ILCA 6, ILCA 7)	\$ 10.00	\$ 10.00	\$ 10.00
SCYYRA Hamlin Series Fee (29er)	\$ 20.00	\$ 20.00	\$ 20.00
Support Vessel (Coach, etc.) <small>Vessels that provides physical or advisory on the water support.</small>	\$ 100.00	\$ 125.00	\$ 150.00
Support Person (Coach)	\$ 0.00	\$ 10.00	\$ 20.00
Spectator Boat <small>Vessels that DOES NOT provide on the water support.</small>	\$ 0.00	\$ 0.00	\$ 0.00

- 5.2. If an entry is cancelled by the competitor, or if the regatta is cancelled for reasons of force majeure or for any other grounds outside the control of the organizing authority, the entry fee will be refunded as follows:

Cancellation Date	Entry Fee Refunded	
On or before February 29 th	100%*	* less credit card and processing fees
Between March 1 st and March 19 th	50%	
After March 19 th	0%	

6. ADVERTISING

- 6.1. [DP] Boats may be required to display advertising chosen and supplied by the organizing authority.
- 6.2. The organizing authority may provide bibs that competitors are required to wear as permitted by the World Sailing Advertising Code. See World Sailing Advertising Code <http://www.sailing.org>.

7. QUALIFYING SERIES AND FINAL SERIES

- 7.1. The event may consist of a qualifying series and a final series for some classes.

8. SCHEDULE

- 8.1. The regatta schedule is as follows:

Wednesday, January 31, 2024		Early Entry Deadline
Thursday, February 29, 2024		Standard Entry Deadline
Tuesday, March 19, 2024		Earliest Arrival Date (except CISA participants)
Wednesday, March 20, 2024	1800	Late Entry Deadline
Wednesday, March 20, 2024	1000-1800	Race Office open for registration at ABYC
	1800	Entry Deadline
Thursday, March 21, 2024	0800-1000	Race Office open for registration at ABYC
	1000	Competitors' briefing at ABYC.
	1155	First warning (up to 4 races)
Friday, March 22, 2024	1000	Competitors' briefing at ABYC.
	1155	First warning (up to 4 races)
Saturday, March 23, 2024	1000	Competitors' briefing at ABYC.
	1155	First warning (up to 4 races)
Sunday, March 24, 2024	1000	Competitors' briefing at ABYC.
	1155	First warning (up to 4 races)
	After Racing	Awards presentation ABYC after racing
Monday, March 25, 2024		Latest Departure Date

- 8.2. A maximum of 12 races are scheduled. The race committee reserves the right to have more or fewer races each day to accomplish races scheduled for this event.
- 8.3. On the last scheduled day of racing no warning signal will be made after 1530.

9. EQUIPMENT INSPECTION

- 9.1. Each boat shall comply with their current class rules and specifications.
- 9.2. Competitors shall provide copies of any measurement certificates required by class rules in accordance with RRS 78.2.
- 9.3. This event is an international event for the purposes of RRS G1.
- 9.4. [DP] Compliance with RRS 77 requires that every boat shall carry on her mainsail, (a) the insignia denoting her class; (b) national letters denoting her national authority (c) a sail number.
- 9.5. ILCA sail inspection will take place on the ABYC Patio.
 - a) [DP] Compliance with RRS 77 will be enforced, which requires that every boat shall carry on her mainsail, the insignia denoting her class, national letters denoting her national authority, and a sail number. Older sails may still use the Laser starburst insignia.
 - b) Numbers and letters drawn on the sail are unacceptable substitutes for class required numbers.
- 9.6. Additional measurement checks may be conducted during the regatta at the discretion of the organizing authority.
- 9.7. Following each day's racing one or more boats may be inspected for compliance with class rules.

10. VENUE

- 10.1. The event venue will be Alamitos Bay Yacht Club.
- 10.2. The racing areas will be in the waters of San Pedro Bay off Long Beach.

11. COURSES

- 11.1. Course descriptions will be provided in the sailing instruction.

12. SCORING

- 12.1. One race is required to be completed to constitute a series, except three races are required to be completed to constitute a series for the US Youth Sailing World Championship Qualifier.
- 12.2. For all classes.
- When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
 - When from 5 to 9 races have been completed, a boats series score will be the total of her race scores excluding her worst score.
 - When 10 or more races have been completed, a boats series score will be the total of her race scores excluding her two worst scores.

13. SAFETY AND ADULT RESPONSIBILITY

- 13.1. [DP] Competitors shall wear a personal flotation device (PFD) while on the water except for brief periods while changing or removing clothing. The PFD shall be the appropriate size for the sailor.
- 13.2. It is the responsibility solely of the parent(s) of any competitor under the age of eighteen (18), or in the instance of the competitor who is eighteen (18) or over, the competitor, to decide if the competitor should sail in the weather and sea conditions that might arise during the event.
- 13.3. Parents of competitors under the age of eighteen (18) not personally attending any part of the event shall ensure that another adult is authorized and designated to make these decisions for their child.
- 13.4. The designated adult shall accept full responsibility for all actions of the competitor during any activity related to the event. This includes onshore activities before, during, and after the regatta.

14. [DP] SUPPORT VESSELS

- 14.1. [DP] Support vessels (any vessel that provides support to a competitor) shall register with the organizing authority, identify which boats they are supporting and pay the applicable fees.
- 14.2. [DP] Support vessels shall conspicuously display a numbered flag supplied by the organizing authority, which shall be returned at the end of the event. No flag, banner, pennant, signal or shape other than that supplied by the organizing authority shall be displayed.
- 14.3. [DP] Support vessels will be required to comply with US Coast Guard regulations and event support vessels regulations.
- 14.4. [DP] Support vessels must be equipped with a VHF radio and be prepared to monitor a designated VHF channel.
- 14.5. [DP] If called upon, support vessels will be required to act as rescue boats.
- 14.6. [DP] Every person on board a support vessel less than 6m in length must wear a properly secured personal flotation device of an appropriate size for that person at all times the engine is running.
- 14.7. [DP] Support vessel's driver shall comply with US Federal law requiring those piloting boats less than 26 feet in length to use their engine cut-off switches (ECOS). This law applies when the primary helm is not in a cabin and when the boat is operating on a plane or above displacement speed. The organizing authority require support vessel drivers to use the engine cut-off switches (ECOS) all times the engine is running.
- 14.8. Further rules governing the conduct of support person vessels will be in the sailing instructions.

15. BERTHING

- 15.1. [DP] The entry fee includes launching, recovery, and storage for visiting competing boats from the Wednesday prior to the event until the day following the event. Support Person Vessels should be launched at the [Davies Launch Ramp](#).
- 15.2. The ABYC Yard is open Wednesday through Sunday from 0830 to 1700.
- 15.3. Visiting competing boats may request extended storage IN ADVANCE by contacting the ABYC office by odpmww@gmail.com and paying the appropriate fees. The cost is \$20.00 per day paid in advance, multi-boat trailers, oversized trailers, 'toy box' will be priced according to space requirements. Any boat or trailer found on ABYC property without prior written authorization from ABYC is subject to impound and associated fees.
- 15.4. Support person vessels may be berthed at Alamitos Bay YC depending upon the number of entries and support vessels.

16. RISK STATEMENT

- 16.1. RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

17. DEPICTION RELEASE

- 17.1. Competitors, by competing in this event, grant to the Alamitos Bay Yacht Club perpetually and irrevocably, the unconditional and exclusive right, title and interest throughout the world to use, simulate and portray Participant's name, likeness, voice, personality, personal identification and personal experiences, incidents, situations and events, whether visual and/or audio, including without limitation photographs, videotape, film and other recordings, electronic or optical-based media, or any other form or medium whatsoever, whether now or hereafter existing, and of every kind and character (collectively "The Images"), which may be taken or taken of Participant while participating in any aspect of the event.

18. PRIZES

- 18.1. Medals for first, second and third places will be awarded in each established discipline.
- 18.2. In the ILCA Classes, prizes will be awarded after racing on Sunday in accordance with ILCA-NA guidelines.

19. INSURANCE

- 19.1. Each 'person in charge' (see RRS 46) shall have valid insurance including third-party liability insurance with a minimum cover of 300,000 USD per incident or the equivalent.
- 19.2. Each support vessel shall have valid insurance including third-party liability insurance with a minimum cover of 300,000 USD per incident or the equivalent.
- 19.3. The organizing authority is not responsible for verifying the status or validity of certificates.

20. FURTHER INFORMATION

- 20.1. Questions concerning this event may be directed via odpmww@gmail.com.



OLYMPIC DEVELOPMENT PROGRAM MIDWINTERS WEST
ILCA MIDWINTERS WEST REGATTA



Event Chair: Ed Spotskey, Mike Van Dyke
PRO: Mark Townsend IRO, IJ, IU
Chief Judge: Don Becker IJ, IU