



# 2024 INTERNATIONAL NAPLES SABOT JUNIOR CHAMPIONSHIP REGATTA

July 29<sup>th</sup> – August 1<sup>st</sup>, 2024

## NOTICE OF RACE

### Abbreviations:

PC – protest committee      RC – race committee  
OA – organizing authority      NA – national authority  
RRS – racing rules of sailing      SI – sailing instructions  
TC – technical committee      NOR – notice of race  
INSA – International Naples Sabot Association  
SDYC – San Diego Yacht Club

### Organizing Authority:

SDYC as sanctioned by INSA

### Host:

San Diego Yacht Club  
1011 Anchorage Lane  
San Diego, CA 92106  
(619)221-8400  
[www.sdyc.org](http://www.sdyc.org)

## 1. RULES

- 1.1. The regatta will be governed by the 'rules' as defined in the *Racing Rules of Sailing*, the INSA Class Rules, including the Championship Conditions. It is the OA's intention to deny the right of appeal for races conducted as part of the Qualification Series and Flight Selection Series, per RRS 70.5. A request to invoke this provision is pending approval by US Sailing.
- 1.2. [DP] - NOR Appendix A Code of Conduct shall apply to competitors and support persons as defined in the RRS. In the event of a report of a breach of this rule, the PC may call a hearing under the guidelines of RRS 60.3(d) or RRS 69.2(b).
- 1.3. The following rules are amended: RRS 61.3, 63.3(a), 66, 63.7, A2.1. Details will be provided in the SI.
- 1.4. US Sailing Prescription 63.1 and 63.2 shall not apply.

- 1.5. Competitors shall always wear USCG-approved PFDs while on the water, other than during brief periods while adding or removing clothing. This modifies RRS 40.1 and 40.2. and the preamble to Part 4.
- 1.6. RRS Appendix T Arbitration shall apply.

## **2. ENTRIES AND ELIGIBILITY**

- 2.1. The regatta is open to Junior Members of the INSA Class (Sabot A, Sabot B, Sabot C-1 and Sabot C-2 sailors). Skippers must have reached Sabot C-2 by June 30, 2024.
- 2.2. Skippers and boats must be declared eligible by the INSA Class and provide proof of current membership and hull measurement to the Class Administrator or Head Measurer.
- 2.3. Eligible boats may enter by submitting a completed entry form and the required fee on the event website (<https://sdyc.org/jr-sabot-nationals>). No entries will be accepted after the established date as amended in INSA rules.
- 2.4. A boat is entered upon receipt of the following:
  - 2.4.1. Completed online entry.
  - 2.4.2. Payment of required fee.
  - 2.4.3. Proof of current INSA membership and hull measurement.
  - 2.4.4. Completed medical and liability forms.
  - 2.4.5. A completed INSA Championship Measurement Form signed by INSA Head Measurer.
- 2.5. There will be a maximum of 120 competitors qualified to compete in the Championship Series, plus ties for 120<sup>th</sup> place. A Qualifying Series will be held on Monday, July 29<sup>th</sup> to determine the top 120 competitors (plus ties).
- 2.6. The Cove Cup Regatta is open to all competitors who have not qualified for the Championship Series through the Qualification Series, or who are Sabot C-3's, or others who wish to only sail in the Cove Cup Regatta. Cove Cup racing will be Tuesday, July 30<sup>th</sup> and Wednesday, July 31<sup>st</sup> only.
- 2.7. The defending Junior National Champion may opt to be seeded as an addition to the Championship Flight and not be required to race the Flight Selection Series. Election to sail the Flight Selection Series voids this option.
- 2.8. By participating in this event, competitors automatically grant to INSA, the organizing authority and the event sponsors the right, in perpetuity, to make, use, and show, at their discretion, any photography, audio and video recording, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

## **3. FEES**

- 3.1. Standard entry fee is \$250 for entries received by 1700 PDT June 14, 2024.
- 3.2. Late entry fee is \$350 for entries received after 1700 PDT June 14, 2004, but prior to 1700 PDT July 26, 2024.
- 3.3. The entry fee includes a participation gift, daily breakfast, competitor dinner ticket and post-race snacks.
- 3.4. Optional meals and clothing will be listed on the Regatta Website.
- 3.5. Entry fees are nonrefundable after standard entry deadline of 1700 PDT June 14, 2024.

## **4. QUALIFYING SERIES, FLIGHT SELECTION, AND FINAL SERIES**

- 4.1. The championship will consist of a Qualification Series, a Flight Selection Series, and a Championship Series.
- 4.2. The Qualification Series competitors will be divided into flights by the OA, in consultation with INSA. The number of flights and races will be determined based on the number of entries.

- 4.3. Competitors who competed in the Gold and Silver flights at the 2023 INSA Junior Championship Regatta shall automatically qualify for the Flight Selection Series and are not eligible to compete in the Qualification Series. The number of prequalified Flight Selection Series competitors will be subtracted from 120 to determine the number of competitors in the Qualification Series that will qualify to compete in the Flight Selection Series.
- 4.4. The Flight Selection Series competitors will be divided into flights by the OA, in consultation with INSA. Flight Selection Series flight assignments will be distributed at check-in on July 30.
- 4.5. The Championship Series will be divided into four (4) flights based on the results of the Flight Selection Series: Gold, Silver, Bronze, and Iron. Six (6) races are scheduled.
- 4.6. In the event of adverse weather or other conditions, the RC may run fewer races or change the format in consultation with the OA and PC.

## 5. SCHEDULE

### 5.1. Monday July 29 – Qualification Series

Competitor/Coach Check-In	0800 – 0930	Jessop Room
Competitors Meeting	0930	Sail Wash Lawn
Coaches Meeting	0945	Sail Wash Lawn
First Warning	1100	
Opening Ceremonies	1730	Spinnaker Deck/Sail Wash Lawn

### 5.2. Tuesday July 30 – Flight Selection Series

Competitor/Coach Check-In	0800 – 0930	Jessop Room
Competitor Breakfast	0800 – 0930	Spinnaker Deck
Competitors Meeting	0930	Sail Wash Lawn
Coaches Meeting	0945	Sail Wash Lawn
First Warning	1100	
Regatta Dinner Party	1800	Spinnaker Deck/Sail Wash Lawn

### 5.3. Wednesday July 31 – Championship Series

Competitor/Coach Check-In	0800 – 0930	Jessop Room
Competitor Breakfast	0800 – 0930	Spinnaker Deck
Competitors Meeting	0930	Sail Wash Lawn
Coaches Meeting	0945	Sail Wash Lawn
First Warning	1100	
DJ Pool Party/Ice Cream Social	1630	Pool/Pavilion
Parent Social	1630	Frost Room

### 5.4. Thursday August 1 – Championship Series

Competitor/Coach Check-In	0800 – 0930	Jessop Room
Competitor Breakfast	0800 – 0930	Spinnaker Deck
Competitors Meeting	0930	Sail Wash Lawn
Coaches Meeting	0945	Sail Wash Lawn
First Warning	1100	
Trophy Ceremony & Raffle	ASAP After Racing	Front Deck

## 6. MEASUREMENT

- 6.1. Each boat shall have a current and valid measurement certificate on file with the INSA Class office. In addition, all competitors shall complete an event measurement at one of the following locations. Dates and locations will be posted as a notice to competitors on the Regatta Website once scheduled by INSA.
- 6.2. Measurement dates per link: <https://www.naples-sabot.org/blog-post/EHuPmMHp1/>

Currently posted:

Friday, July 12	NHYC/LIYC teams at NHYC.
Sunday, July 14	BCYC/BYC teams at BCYC.
Wednesday, July 24	SDYC team at SDYC.
Thursday, July 25	MBYC team at SDYC.
Friday, July 26	SWYC/CYC teams at SDYC.
Sat & Sun, July 27-28	Long Beach: Last minute and remeasures pre-approved Chief Measurer.

- 6.3. Boats failing to pass measurement at the above locations and dates may complete measurement at SDYC by appointment only.
- 6.4. Full boat measurement will not be available at the Championship.
- 6.5. The TC is the INSA Head Measurer.

## 7. SAILING INSTRUCTIONS

- 7.1. SI will be available online no later than July 14, 2024, at 1100 on the Regatta Website and posted on the Official Notice Board. The OA and RC will not provide printed copies.

## 8. VENUE

- 8.1. All Championship racing will be held in the Shelter Island Yacht Basin (La Playa) in San Diego, CA USA.
- 8.2. All Cove Cup racing will be held in the quarantine area adjacent to Kellogg's beach in San Diego, CA USA.

## 9. COURSES

- 9.1. The courses to be sailed will be windward/leeward or modified windward/leeward. Details and diagrams will be provided in the SI.

## 10. PENALTY SYSTEM & PROTESTS

- 10.1. RRS Appendix T Arbitration shall apply.
- 10.2. Protests by competitors shall be written and filed on board the jury boat near the finish line, prior to the competitor leaving the racing area and prior to any contact with a *support person*.
- 10.3. If a competitor is a party to a hearing, the competitor shall be the representative in the hearing. This changes RRS 63.3 (a).

## 11. SCORING

- 11.1. Qualification Series. The number of races will be stated in the SI, based on the number of entries per NOR
- 4.2. If less than four (4) races are completed, a boat's series score shall be the total of her race scores for all races. This changes RRS A2.1. If some flights complete less races than other flights, the competitors in the affected flights shall receive points equal to the average of their completed races for the race they missed.

- 11.2. Flight Selection Series. If less than four (4) races are completed, a boat's series score shall be the total of her race scores for all races. This changes RRS A2.1. If some flights complete less races than other flights, the competitors in the affected flights shall receive points equal to the average of their completed races for the race they missed.
- 11.3. Championship Series. six (6) races are scheduled. Three (3) races are required to be completed to constitute a series. When fewer than six races have been completed, a boat's series score will be the total of her race scores. This changes RRS A2.1. When six races have been completed, RRS A 2.1 shall apply.
- 11.4. The Qualification, Flight Selection, and Championship Series will each be scored separately, except for the scoring of the Hal Brown Memorial Award.
- 11.5. Should weather or other conditions make it unreasonable to complete the Flight Selection series on the scheduled day, the RC may change the format or racing schedule at its discretion, in consultation with the OA and PC.

## **12. COACHES AND SUPPORT PERSONNEL**

- 12.1. A yacht club with competitors in the event may register a maximum of 6 coaches. To be eligible as a coach, the individual shall meet the following requirements:
  - 12.1.1. Shall be a member of US Sailing or MNA recognized by World Sailing.
  - 12.1.2. Shall have a current US Sailing Level 1 Certification or MNA equivalent or current CPR & First Aid with proof of successful completion of a US Sailing Level 1 Course or MNA equivalent.
  - 12.1.3. Shall have current Safe Sport certification or MNA equivalent.
- 12.2. Coaches shall register online with the OA by [Established registration deadline with INSA].
- 12.3. Coaches shall check in and attend the daily coaches briefing.
- 12.4. Coach boats are not allowed.
- 12.5. Coaches shall not be allowed on the water during racing unless otherwise directed by the RC. On the water coaching will be allowed for the Cove Cup. Additional details will be provided in the SI.
- 12.6. NO SPECTATOR OR SUPPORT BOATS (floating craft including boats, kayaks, boards, etc.) WILL BE ALLOWED ON THE WATER FOR THIS EVENT. ADDITIONALLY, NO COACHING FROM THE DOCKS, SEAWALLS OR BEACHS SURROUNDING THE SAILING VENUE WILL BE ALLOWED.

## **13. PRIZES**

### **13.1. Flight Selection Series**

- 13.1.1. Prizes will be awarded to the skippers placing first through tenth in the Flight Selection series.

### **13.2. Championship Series.**

#### **13.2.1. Gold Flight**

- a. Daily First awarded to winner of each race
- b. 1<sup>st</sup> through 10<sup>th</sup> Overall
- c. Winner of final Gold Fleet race shall be awarded Coronado Chamber of Commerce Perpetual Trophy.
- d. First place finisher in the Gold Flight shall be awarded the INSA Jr. National Championship Trophy.

#### **13.2.2. Silver Flight**

- a. 1<sup>st</sup> through 5<sup>th</sup> Overall
- b. First place finisher in the Silver Flight shall be awarded the Commodore's Cup Perpetual Trophy.

### **13.2.3. Bronze Flight**

- a. 1<sup>st</sup> through 5<sup>th</sup> Overall

### **13.2.4. Iron Flight**

- a. 1<sup>st</sup> through 5<sup>th</sup> Overall

### **13.3. Other Perpetual Trophies**

13.3.1. The Hal Brown Memorial Trophy shall be awarded to the competitor with the best combined score with no throw-outs in the Flight Selection Series and Championship Series.

13.3.2. The Joe Wells Perpetual shall be awarded to the top female competitor in the Championship Series.

13.3.3. The Peggy Lenhart Perpetual shall be awarded to the competitor with the most improved finish results from the prior year's INSA Junior National Championship.

13.3.4. The Jessica Uniack Sportsmanship Trophy shall be awarded to the competitor nominated by his/her peers and selected by the INSA Commodore, INSA Secretary and the Regatta Chair.

## **14. DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk. See rule 3, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury, or death sustained in conjunction with or prior to, during, or after the regatta.

Regatta Chairman	S/C John Reiter	
Regatta Co-Chairman	Will Stout	
Principal Race Officer	Bruce Golison	
Chief Judge	Greg Meagher	
SDYC Waterfront Director	Jeff Johnson	<a href="mailto:sailing@sdyc.org">sailing@sdyc.org</a>
SDYC Regatta Administrator	Jared Wohlgemuth	<a href="mailto:jared@sdyc.org">jared@sdyc.org</a>
SDYC Junior Sailing Director	Erik Hallback	<a href="mailto:erik@sdyc.org">erik@sdyc.org</a>

# APPENDIX A

## CODE OF CONDUCT

Appendix A, Code of Conduct shall apply to all competitors, coaches, and *support persons* at all times during the Championship. Breaches or reported breaches of this Code of Conduct shall be reported to the OA or PC and are subject to the provisions listed in NOR 1.2.

### PROHIBITED ACTIONS

1. The use of profanity or abusive language generally or as directed toward any competitor or the organizing club's committee, members, or guests.
2. Tampering with, vandalizing, or stealing another competitor's equipment.
3. Vandalizing the host club, its property or equipment.
4. Entering any restricted areas as designated by the OA or RC.
5. Placing a coach boat, spectator boat or support boat in the racing area when not allowed.
6. Using tobacco or other smoking products on club premises.
7. Using illegal drugs or narcotics at the Championship venue.
8. Consumption of alcoholic beverages by persons under the age of 21.
9. Any other inappropriate behavior at the Championship venue that is a breach of good manners, a breach of good sportsmanship or unethical behavior, or conduct that may bring the sport into disrepute.