



IN CONJUNCTION WITH

ULLMAN/FROST SERIES #3

Alamitos Bay Yacht Club

March 24-26, 2023

7201 E Ocean Blvd, Long Beach, California, USA

NOTICE OF RACE

1. RULES

- 1.1. The event is governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2. For the ILCA 7 (Standard) Male and the ILCA 6 (Radial) Female this will be 50 World Sailing points and 30 points ILCA North American Grand Prix points available.
- 1.3. Only the US Prescriptions to 60.3, 61.4, 63.1, 63.2, 67, 70.5(a), 76.1 and Appendix R shall apply. The US Sailing prescriptions are available at <https://www.ussailing.org/competition/rules-officiating/racingrules/>

2. SAILING INSTRUCTIONS

- 2.1. The sailing instructions will be available on the online official notice board.

3. COMMUNICATION

- 3.1. The online official notice board is located at [ILCA Midwinters West \(abyc.org\)](http://abyc.org).
- 3.2. Notices may also be posted, as a convenience, on the glass doors of the quarterdeck.
- 3.3. [DP] While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4. ELIGIBILITY AND ENTRY

- 4.1. The event is open to all boats of the ILCA 4 (4.7), ILCA 6 (Radial), ILCA 7(Standard).
- 4.2. A boat shall be entered by a member in good standing of a club affiliated to US Sailing or other World Sailing member national authority, or a member of a World Sailing member national authority. (see RRS 75)
 - a) ABYC members may join US Sailing at a discounted rate through ABYC/US Sailing Member Partner Program <http://www1.ussailing.org/membership/MPP/Default.aspx?ycid=102736L>
 - b) Competitors who are not ABYC members can join online at <http://www.ussailing.org/membership/>.
- 4.3. Competitors must be current members of ILCA North America (NA). ILCA-NA membership numbers must be provided during online registration.
- 4.4. Boats may enter the event by registering online at [ILCA Midwinters West \(abyc.org\)](http://abyc.org)



- 4.5. If there are not five ILCA 4 entries the organizing authority may automatically move registered boats to the ILCA 6 class.
- 4.6. Support Persons shall register with the organizing authority and pay the required Support Person Vessel fee.
- 4.7. Participants (Competitors and Support Persons) shall complete the Liability Release and Medical Consent forms as part of the Regatta Network registration. Minors Liability Release Form must be signed by their parent or guardian.
- 4.8. To be considered an entry in the event, a boat shall complete all registration requirements and pay all fees.
- 4.9. Online entries will be accepted until March 22, 2023.

5. FEES

Fees are as follows:	Early Entry <i>Until January 31</i>	Standard Entry <i>Until February 28</i>	Late Entry <i>Until March 22</i>
Entry Fee	\$175	\$200	\$235
Support Person Vessel Fee (Coach)	\$75	\$85	\$100
Additional Dinners	\$20	\$20	\$20

- 5.1. The entry fee includes refreshments after racing each race day, a regatta dinner and a regatta souvenir.
- 5.2. The support person vessel fee includes launching, mooring, refreshments after racing each race day and a regatta dinner.
- 5.3. Entry fee includes boat storage from the Saturday prior to regatta to the Wednesday following the regatta. **Boat storage beyond this period is \$15 per day.**
- 5.4. If an entry is cancelled by the competitor, or if the regatta is cancelled for reasons of force majeure or for any other grounds outside the control of the organizing authority, the entry fee will be refunded as follows:
 - 5.4.1. One month prior to the regatta - 100%, less credit card and other processing fees.
 - 5.4.2. Between 1 month and 5 days - 50%
 - 5.4.3. Less than 5 days - 0%

6. ADVERTISING

- 6.1. [DP] Boats may be required to display advertising chosen and supplied by the organizing authority.

7. EVENT FORMAT

- 7.1. If the ILCA 7 (Standard), ILCA 6 (Radial) or ILCA 4 (4.7) fleet has a large number of entries, the organizing authority may divide that fleet. Divided fleets will sail a qualifying series prior to being split into a championship series and consolation series.



8. SCHEDULE

8.1. The regatta schedule is as follows:

January 31, 2023		Early Entry Deadline
February 28, 2023		Regular Entry Deadline
Wednesday, March 22, 2023		Late Entry Deadline
Thursday March 23, 2023	1500 to 1800	Registration, Measurement and Inspection
	0800 to 1000	Registration, Measurement and Inspection
	1000	Check In closes
Friday March 24, 2023	1000	Support Person Vessel Registration and Briefing
	1015	Competitors' Meeting
	1155	Warning Signal for 1st race of the day
	1000	Support Person Vessel Registration and Briefing
Saturday March 25, 2023	1015	Competitors' Meeting
	1155	Warning Signal for 1st race of the day
	1000	Support Person Vessel Registration and Briefing
Sunday March 26, 2023	1015	Competitors' Meeting
	1155	Warning Signal for 1st race of the day
	After Racing	Awards Presentation in ABYC Clubhouse

8.2. A maximum of ten (10) races are scheduled. The race committee reserves the right to have more or fewer races each day to accomplish races scheduled for this event.

8.3. On the last scheduled day of racing no warning signal will be made after 1500.

9. EQUIPMENT INSPECTION

9.1. Each boat shall comply with current ILCA Class Rules and Specifications.

9.2. Competitors must present their sails at check in for inspection of national letters, sail numbers and sail buttons to ensure compliance with class rules. Sail numbers must be applied in accordance with ILCA class rules. Numbers and letters drawn on the sail with permanent ink pens are not legal.

9.2.1. [DP] Compliance with RRS 77 will be enforced, which requires that every boat shall carry on her mainsail, (a) the insignia denoting her class; (b) national letters denoting her national authority (c) a sail number. Older sails may still use the Laser starburst insignia.

9.3. Additional measurement checks may be conducted during the regatta at the discretion of the organizing authority.

9.4. Following each day's racing one or more boats may be inspected for compliance with class rules.

10. VENUE

10.1. The event venue will be Alamitos Bay Yacht Club.

10.2. The racing areas will be held in either; 1) the waters of San Pedro Bay outside the Long Beach Breakwater, or 2) inside the Long Beach Breakwater in the vicinity of the Belmont Pier.



11. SCORING

- 11.1. Three (3) completed races shall constitute a series.
- 11.2. a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
b) When 5 or more races have been completed, a boats series score will be the total of her race scores excluding her worst score.

12. SAFETY AND ADULT RESPONSIBILITY

- 12.1. [DP] Competitors shall wear a personal flotation device (PFD) while on the water except for brief periods while changing or removing clothing. The PFD shall be the appropriate size for the sailor.
- 12.2. It is the responsibility solely of the parent(s) of any competitor under the age of eighteen (18), or in the instance of the competitor who is eighteen (18) or over, the competitor, to decide if the competitor should sail in the weather and sea conditions that might arise during the event.
- 12.3. Parents of competitors under the age of eighteen (18) not personally attending any part of the event shall ensure that another adult is authorized and designated to make these decisions for their child.
- 12.4. The designated adult shall accept full responsibility for all actions of the competitor during any activity related to the event. This includes onshore activities before, during, and after the regatta.

13. SUPPORT PERSON VESSELS

- 13.1. [DP] Support persons (any person who provides, or may provide, support to a competitor) shall register with the organizing authority and pay the applicable fees.
- 13.2. [DP] Support person vessels shall conspicuously display a numbered flag supplied by the organizing authority. No flag, banner, pennant, signal or shape other than that supplied by the organizing authority shall be displayed.
- 13.3. [DP] Support person vessels must be equipped with a VHF radio and be prepared to monitor a designated VHF channel.
- 13.4. [DP] If called upon, support person vessels will be required to act as rescue boats.
- 13.5. [DP] Every person on board a support vessel less than 6m in length must wear a properly secured personal flotation device of an appropriate size for that person at all times the engine is running.
- 13.6. [DP] Support person vessel's driver shall use the kill cord at all times the engine is running.

14. RISK STATEMENT

- 14.1. RRS 3 states: 'The responsibility for a boat's decision to participate in a race or continue racing is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**



15. DEPICTION RELEASE

- 15.1. Competitors, by competing in this event, grant to the Alamitos Bay Yacht Club, perpetually and irrevocably, the unconditional and exclusive right, title and interest throughout the world to use, simulate and portray Participant's name, likeness, voice, personality, personal identification and personal experiences, incidents, situations and events, whether visual and/or audio, including without limitation photographs, videotape, film and other recordings, electronic or optical-based media, or any other form or medium whatsoever, whether now or hereafter existing, and of every kind and character (collectively "The Images"), which may be taken or taken of Participant while participating in any aspect of the event.

16. PRIZES

- 16.1. Prizes will be awarded to the top 3 boats in each class. Additional prizes may be given at the discretion of the OA.

17. FURTHER INFORMATION

- 17.1. Additional useful information regarding accommodations, travel, boat charters, equipment services and area recreation are available at www.abyc.org or contact the ABYC office +1 562 434 9955.

Event Chair : Ed Spotsky

PRO : Mark Townsend IRO, IJ, IU

Chief Judge : Eloit Levy, IJ