



2022 INTERNATIONAL NAPLES SABOT JUNIOR CHAMPIONSHIP REGATTA



August 2-5, 2022 NOTICE OF RACE

Abbreviations:

PC – protest committee RC – race committee
OA – organizing authority NA – national authority
RRS – racing rules of sailing SI – sailing instructions
TC – technical committee NOR – notice of race
INSA – International Naples Sabot Association
LBYC – Long Beach Yacht Club

Organizing Authority:

INSA in conjunction with LBYC

Host:

LBYC

6201 Appian Way

Long Beach CA 90803

(562) 598-9401

www.lbyc.org

1 RULES

- 1.1 The regatta will be governed by the 'rules' as defined in the RRS, the INSA Class Rules, including the Championship Conditions, this NOR, and the SI.
- 1.2 NOR Appendix A Code of Conduct shall apply to competitors and *support persons* as defined in the RRS. In the event of a report of a breach of this rule, the PC may call a hearing under the guidelines of RRS 60.3(d) or RRS 69.2(b). Penalties for a breach of this rule are listed in RRS 64.4 and 69.2 (h).
- 1.3 In the event of a conflict between the NOR and SI, the SI shall prevail. This changes RRS 63.7
- 1.4 The following rules are amended: RRS 61.3, 63.3(a), 66, 63.7, A2.1. Details will be provided in the SI.
- 1.5 US Sailing Prescription 63.2 shall not apply.
- 1.6 RRS 40 Personal Flotation Devices (PFD) shall apply at all times while on the water. Code Flag Y shall be displayed on shore during the Championship.
- 1.7 RRS Appendix T Arbitration shall apply.

2 ENTRIES AND ELIGIBILITY

- 2.1 The regatta is open to Junior Members of the INSA Class. INSA charges a late fee of \$20 to members joining INSA after July 1.
- 2.2 Skippers and boats must be declared eligible by the INSA Class and provide proof of current membership and hull measurement to the Class Administrator or Head Measurer.
- 2.3 Eligible boats may enter by submitting a completed entry form and the required fee on the event website [INSA Junior Sabot Nationals - Long Beach Yacht Club \(lbyc.org\)](http://www.lbyc.org) no later than July 31, 2022. No entries will be accepted after July 31, 2022.
- 2.4 A boat is entered upon receipt of the following:
 - 2.4.1 Completed online entry
 - 2.4.2 Payment of required fee
 - 2.4.3 Proof of current INSA membership and hull measurement
 - 2.4.4 Completed medical and liability forms
 - 2.4.5 A completed INSA Championship Measurement Form signed by INSA Head Measurer
- 2.5 A maximum of 140 entries will be accepted. If more than 140 entries are received, a wait list shall be created in order of receipt of completed entries. Competitors on the wait list shall be notified by the OA

in the event of a cancellation. At the discretion of the OA/RC, more than 140 entries may be accepted.

3 FEES

- 3.1 Standard entry fee is \$175.
- 3.2 Late entry fee is \$225 and will apply beginning on July 27, 2022.
- 3.3 The entry fee includes a participation gift, post-race snacks and parking during the regatta.
- 3.4 Optional meals and clothing will be listed on the regatta web page.

4 QUALIFYING SERIES AND FINAL SERIES

- 4.1 The championship will consist of a Flight Selection series and a Championship series.
- 4.2 The Flight Selection Series competitors will be divided into flights by the RC, in consultation with INSA. The number of flights and races will be determined based on the number of entries. Flight Selection Series flight assignments will be distributed at registration.
- 4.3 The Championship Series will be divided into four (4) flights based on the results of the Flight Selection Series: Gold, Silver, Bronze and Iron. Six (6) races are scheduled.
- 4.4 In the event of adverse weather or other conditions, the RC may run fewer races or change the format in consultation with the OA and PC.

5 SCHEDULE

Tuesday August 2 - Early Check-in

Re-measurement	0900-1500	Boatyard
Competitor/Coach Check-in	1200-1700	Regatta Room

Wednesday August 3 – Flight Selection Series

Competitor/Coach Check-in	0800-0930	Regatta Room
Competitors Meeting	0930	Pool Deck
Coaches Meeting	0945	Pool Deck
First Warning	1100	
Pool Party & Dinner	After Racing	Pool Deck

Thursday August 4 – Championship Series

Competitor/Coach Check-in	0800-0930	Regatta Room
Competitors Meeting	0930	Pool Deck
Coaches Meeting	0945	Pool Deck
First Warning	1100	

Friday August 5 – Championship Series

Competitor/Coach Check-in	0800-0930	Regatta Room
Competitors Meeting	0930	Pool Deck
Coaches Meeting	0945	Pool Deck
First Warning	1100	
Final Awards & Social	ASAP after racing	Pool Deck

NOTE: Sabot trailers and coach boats may not be dropped off or stored at LBYC prior to Tuesday August 2nd per City of Long Beach and Alamitos Bay Marina policies.

6 MEASUREMENT

- 6.1 Each boat shall have a current and valid measurement certificate on file with the INSA Class office. In addition, all competitors shall complete an event measurement at one of the following locations. Dates and locations will be posted as a notice to competitors at www.lbyc.org once scheduled by INSA.

July 16	NHYC
July 17	LBYC
July 23	CYC
August 1	LBYC

- 6.2 Boats failing to pass measurement at the above locations and dates may complete measurement at LBYC on Tuesday August 2, from 0900 to 1500.
- 6.3 Full boat measurement will not be available at the Championship.
- 6.4 The TC is the INSA Head Measurer

7 SAILING INSTRUCTIONS

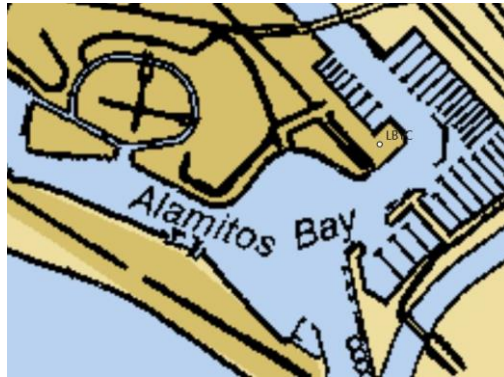
7.1 SI will be available online no later than July 31, 2022 at www.lbyc.org and posted on the [Official Notice Board](#). The OA and RC will not provide printed copies.

8 VENUE

8.1 All racing will be held on Alamitos Bay in Long Beach, CA USA.

9 COURSES

9.1 The courses to be sailed will be windward/leeward or modified windward/leeward. Details and diagrams will be provided in the SI.



10 PENALTY SYSTEM & PROTESTS

10.1 RRS Appendix T Arbitration shall apply.

10.2 Protests by competitors shall be written and filed on board the jury boat near the finish line, prior to the competitor leaving the racing area and prior to any contact with a *support person*.

10.3 If a competitor is a *party* to a hearing, the competitor shall be the representative in the hearing. This changes RRS 63.3 (a).

10.4 In accordance with rule 70.5(a), decisions of the PC are final. US Sailing's permission has been granted. If the requirements are not met, the decisions of the PC may be appealed. US Sailing's permission is limited to the Flight Selection Series. Competitors may appeal decisions of the PC in the Championship Series.

10.5 Photographic or video evidence shall not be considered by the jury in any arbitration, protest or redress hearing. This changes RRS 63.6 (a).

11 SCORING

11.1 Flight Selection Series: The number of races will be stated in the SI, based on the number of entries per NOR 4.2. Three (3) races must be completed to constitute a series. If less than four (4) races are completed, a boat's series score shall be the total of her race scores for all races. This changes RRS A2.1. If some flights complete less races than other flights, the competitors in the affected flights shall receive points equal to the average of their completed races for the race they missed.

11.2 Championship Series: Six (6) races are scheduled. Three (3) races are required to be completed to constitute a series. When fewer than six races have been completed, a boat's series score will be the total of her race scores. This changes RRS A2.1. When six races have been completed, RRS A2.1 shall apply.

11.3 The Flight Selection and Championship Series will each be scored separately, except for the scoring of the Hal Brown Memorial Award.

11.4 Should weather or other conditions make it unreasonable to complete the Flight Selection series on the scheduled day, the RC may change the format or racing schedule at its discretion, in consultation with the OA and PC.

12 SUPPORT BOATS/COACH BOATS

12.1 A yacht club with competitors in the event may register a maximum of 6 coaches. To be eligible as a coach, the individual shall meet the following requirements:

12.1.1 Shall be a member of US Sailing or MNA recognized by World Sailing.

12.1.2 Shall have a current US Sailing Level 1 Certification or MNA equivalent or current CPR & First Aid with proof of successful completion of a US Sailing Level 1 Course.

- 12.1.3 Shall have current Safe Sport certification.
- 12.2 Coaches shall register online with the OA by July 26, 2021. Each coach shall pay a fee of \$25.
- 12.3 Coach boats are allowed. All coach boats shall register with the OA at check in.
- 12.4 Coaches shall check in and attend the daily coaches briefing.
- 12.5 While on the water, each coach boat shall have only registered coaches aboard, with a maximum of 3 coaches from at least 2 different yacht clubs. All coaches and coach boats shall display identification and credentials as required by the OA or RC. Details will be provided in the SI.
- 12.6 Coaching Zones will be designated near the racing area. Details will be provided in the SI.

13 PRIZES

- 13.1 Flight Selection Series
 - 13.1.1 1st through 10th Overall
- 13.2 Championship Series
 - 13.2.1 Gold Flight
 - a. Daily First awarded to winner of each race
 - b. 1st through 10th Overall
 - c. Winner of final Gold Fleet race shall be awarded Coronado Chamber of Commerce Perpetual Trophy
 - d. First place finisher in the Gold Flight shall be awarded the INSA Jr. National Championship Trophy
 - 13.2.2 Silver Flight
 - a. 1st through 5th Overall
 - b. First place finisher in the Gold Flight shall be awarded the Commodore's Cup Perpetual Trophy
 - 13.2.3 Bronze Flight
 - a. 1st through 5th Overall
 - 13.2.4 Iron Flight
 - a. 1st through 5th Overall
- 13.3 Other Perpetual Trophies
 - 13.3.1 The Hal Brown Memorial Trophy shall be awarded to the competitor with the best combined score with no throw-outs in the Flight Selection Series and Championship Series.
 - 13.3.2 The Joe Wells Perpetual shall be awarded to the top female competitor in the Championship Series.
 - 13.3.3 The Peggy Lenhart Perpetual shall be awarded to the competitor with the most improved finish results from the prior year's INSA Junior National Championship.
 - 13.3.4 The Jessica Uniack Sportsmanship Trophy shall be awarded to the competitor nominated by his/her peers and selected by the INSA Commodore, INSA Secretary and the Regatta Chair.

14 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 3, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

NOR Version 2.2
Issue Date: June 4, 2022

Regatta Chairman	Cindy Bambam	cindybambam@verizon.net
Chief Judge	Chuck Tripp – USA	
LBYC Yachting Director	Cameron MacLaren	cmaclaren@lbyc.org
LBYC Sailing Director	Sawyer Gibbs	sgibbs@lbyc.org



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APPENDIX A CODE OF CONDUCT

Appendix A, Code of Conduct shall apply to all competitors, coaches and *support persons* at all times during the Championship. Breaches or reported breaches of this Code of Conduct shall be reported to the OA or PC and are subject to the provisions listed in NOR 1.2

PROHIBITED ACTIONS

1. The use of profanity or abusive language generally or as directed toward any competitor or the organizing club's committee, members or guests.
2. Tampering with, vandalizing or stealing another competitor's equipment.
3. Vandalizing the host club, its property or equipment.
4. Entering any restricted areas as designated by the OA or RC.
5. Placing a coach boat, spectator boat or support boat in the racing area when not allowed.
6. Using tobacco or other smoking products on club premises.
7. Using illegal drugs or narcotics at the Championship venue.
8. Consumption of alcoholic beverages by persons under the age of 21.
9. Any other inappropriate behavior at the Championship venue that is a breach of good manners, a breach of good sportsmanship or unethical behavior, or conduct that may bring the sport into disrepute.