



Canada



CORK International Regatta Sail Canada Youth Championships

The 2019 Sail Canada Youth Championships are part of the qualification process for the 2020 Youth World Sailing Championships.

August 12-16, 2019
CORK/Sail Kingston & Sail Canada
Portsmouth Olympic Harbour
Kingston, Ontario, Canada

Notice of Race (NoR)

The notation '[DP]' in a rule in the NoR means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification (RRS 64.1).

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing (RRS)*.
- 1.2 The following national prescription may require advance preparation.
RRS 46 – Person in Charge - Sail Canada prescribes that the designated person in charge, if resident in Canada, shall be a member of a club affiliated with Sail Canada.
- 1.3 RRS Appendix P, Special Procedures for RRS 42 will apply. RRS Appendix P may be amended in the SIs.
- 1.4 The preamble to RRS Part 4 and RRS 40 are changed to require personal flotation devices (PDF's) to be worn at all times when afloat, except when changing clothing.
- 1.5 Decisions of the International Jury when used will be final as provided in RRS 70.5.
- 1.6 If there is a conflict between languages the English text will take precedence.
- 1.7 If fewer than 10 Laser 4.7s are registered at the close of registration then competitors may choose Radial or 4.7 rigs at their discretion, provided that all rig changes are made on shore and all sails have the same number (Rig-Swapping Rule turned on). If 10 or more Laser 4.7s are registered by the close of registration then the Laser 4.7s will have their own start.
- 1.8 The sailing instructions will consist of the instructions in RRS Appendix S, Standard Sailing Instructions, and supplementary sailing instructions that will be on the official notice board located at Portsmouth Olympic Harbour; they may also be available at www.cork.org.

2 ADVERTISING

- 2.1 Boats and boards may be required to display advertising chosen and supplied by the organizing authority. If this rule is broken, World Sailing Regulation 20.9.2 applies. [DP]

3 ELIGIBILITY AND ENTRY

- 3.1 The regatta is open to boats of the Laser 4.7, Laser Radial, Club 420, i420 RS Feva and 29er classes that have met all class measurement requirements including class membership requirement, completed registration and paid all event fees before beginning official competition.
- 3.2 The Laser 4.7 and Radial U19 events are open to sailors born in the year 2001 or later.
- 3.3 Each competitor under 18 years of age must submit a completed PARENT/GUARDIAN DECLARATION prior to racing. The declaration is attached below and can be found on the website at [Parent Guardian Declaration](#)
- 3.4 Eligible boats may enter by completing the online form and submitting it through the event website (www.cork.org).
- 3.5 Age Categories

	CORK International	Sail Canada Youth Championship
Radials	U19	U19
4.7s	U19	U19
29ers	Open	U19
I420 and C420	Open	U19

4 SPARE

5 FEES (VISA, MC, Debit Card, Money Orders and Bank Drafts accepted)

- 5.1 The entry fee covers racing, a regatta souvenir and snacks after racing.
- 5.2 Required fees are as follows:

Date	Fees
Completed entry form and entry fee received <u>on or before July 15, 2019</u>	Single Handed - CAD \$246.00 + 13% HST
	Double Handed - CAD \$370.00 + 13% HST
After July 15, 2019	Single Handed - CAD \$308.00 + 13% HST
	Double Handed - CAD \$463.00 + 13% HST

- 5.3 On-line and in-person registrations will close at 1800 on Monday, August 12th. All pre-registered competitors must check-in with the CORK registration desk by end of registration. Late check-in by permission of the organizing authority.

6 QUALIFYING SERIES AND FINAL SERIES

For some classes, the regatta may consist of a qualifying series and a final series. The decision will be made at the end of registration on Monday, August 12th.

7 SCHEDULE

- 7.1 Seminars and debriefs hosted in collaboration with Sail Canada.

Date	Time	Event
Monday, August 12	All Day	Venue will be open for competitors. Earlier arrival must be coordinated with the organizing authority and may be subject to a daily fee.
	1200-1800	Sail Inspection in Sailroom at POH-Laser 4.7 and Radial
	1200-1800	Competitor and Coach Registration and check-in
	1900	Opening Welcome
Tuesday, August 13	1000	Coaches Meeting
	1200	1 st Warning Signal – all fleets, other races to follow
	After Racing	Sail Canada Debrief and Snacks
Wednesday, August 14	0900	Coaches Meeting
	1100	Warning signal for next race, others to follow
	After Racing	Sail Canada Debrief and Snacks
Thursday, August 15	0900	Coaches Meeting
	1100	Warning signal for next race, others to follow
	After Racing	Sail Canada Debrief and Snacks
Friday, August 16	0900	Coaches Meeting
	1100	Warning signal for next race, others to follow
	After Racing	Snacks and Awards

* No warning signal after 1500hrs on the final day of racing.

7.2 Number of races:

Class/Fleet	Number	Races per day
Laser 4.7, Radial, C420, i420	12	3
29er, RS Feva	16	4

8 EQUIPMENT AND EQUIPMENT INSPECTION

- 8.1 Main sails for Laser Radials and Laser 4.7 are to be presented for inspection prior to close of registration on site.
- 8.2 Measurement inspections may be conducted.

9 SAILING INSTRUCTIONS

The sailing instructions will be available at check-in and may be posted on-line at www.cork.org.

10 VENUE

Sailing will be in the areas of Lake Ontario South of Kingston.

11 COURSES

The courses to be sailed will be windward-leeward or trapezoid.

12 PENALTY SYSTEM

- 12.1 For the 29er Class, Rule 44.1 and P2.1 are changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

13 SCORING

- 13.1 Three races are required to be completed to constitute a series.
- 13.2 a) When 4 or fewer have been completed; a boat's series score will be the sum of her total race scores.
b) When from 5-9 races have been completed, a boat's series score will be her total score less her worst score.
When 10 or more races have been completed, a boat's series score will be her total score less her two worst scores.
- 13.3 Results will be posted on the notice boards as soon as practicable.

14 SUPPORT PERSONNEL AND SUPPORT BOATS

- 14.1 Coaches and support boats must register in-person and list the fleet(s) and competitor(s) they are coaching/supporting.
- 14.2 A numbered flag will be issued at check-in and must be displayed. Coaches are invited to participate in after race snacks. There is no coach fee but a \$20.00 deposit for the flag is required.
- 14.3 All Coach and Support Boats are required to have a VHF radio capable of receiving INTL channels
- 14.4 Coaches and supporters are required to monitor the CORK course channel on their VHF radios and be available to assist with safety when requested.
- 14.5 Coaches are expected to attend the coaches meeting each morning. The Sailing Instructions may give additional requirements for Coaches on the water.
- 14.6 The racing rules of sailing governing all support personnel (including coaches, parents and other persons acting in support of competitors) became effective on 1 January, 2018. Competitors and support personnel are advised to review the new rules at "2017-2020 RRS Changes and Corrections". <http://www.sailing.org/documents/racingrules/index/php>

15 BERTHING

Boats shall be kept in their assigned places/assigned area while they are in the boat park.
[DP]

16 THIS SECTION DELIBERATELY BLANK

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19 PRIZES

- 19.1 Medallions will be awarded to the sailors of the top 3 finishing boats overall. Top male / top female crews will be recognized in Open gender fleets.
- 19.2 Sail Canada Youth Championships awards will be presented by Sail Canada.
- 19.3 Other awards may be given.

20 PHOTO AND VIDEO DISCLAIMER

By participating in the event, competitors give absolute right and permission for any photograph and video footage taken of themselves or the boat they are sailing during the event to be published in any media whatsoever, for either editorial or advertising purposes or to be used in press information without compensation.

21 DISCLAIMER OF LIABILITY RISK STATEMENT

RRS 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone." Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) The provision of a race management team, safety patrol boats and other officials and volunteers by the event organizers does not relieve them of their own responsibilities;
- f) The provision of safety patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances

FURTHER INFORMATION

For further information please contact the CORK office sail@cork.org or via phone +1 613 545 1322.

Additional useful information regarding accommodations, travel, boat charters, equipment services and area recreation are available at www.cork.org.

Charter boats may be available <http://www.cork.org/charter-boats/>

Canadian Prescriptions can be found at http://www.sailing.ca/files/RRS_2017_2020_Sail_Canada_Prescription_Final_EN.pdf



This form is required for all athletes under 18 years of age. It must be signed by the Parent/Guardian or person acting in loco parentis. A word version can be found at <http://www.cork.org/wp-content/uploads/2018/08/This-form-is-required-for-all-athletes-under-18-years-of-age.docx>

**PARENT/ GUARDIAN/ LOCO PARENTIS DECLARATION
for
CORK Events**

Event: _____

Name of Competitor: _____

Class: _____ **Sail number:** _____

Parent/Guardian/Loco Parentis Declaration:

I confirm I am the legal guardian of this competitor or have been asked by the legal guardian to act in loco parentis. I accept the Disclaimer of Liability below, which excludes said dependent's right to claim compensation in certain circumstances. I confirm that said dependent is competent to take part. I consent to said dependent participating in drug testing procedures and, if asked, providing a urine sample under observation for analysis at an accredited laboratory.

During the event (tick one):

I will be responsible for my dependent throughout the event, and during the time my dependent is afloat I will be available at the event venue, both on the water and on land.

The person named below, who has agreed to act in loco parentis will be responsible for said dependent throughout the event. During the time said dependent is afloat he/she will be available at the event venue both on the water and on land.

Disclaimer of Liability:

RRS 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone." Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) The provision of a race management team, patrol boats and other officials and volunteers by the event organizers does not relieve them of their own responsibilities;
- f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances

Name of Parent/Guardian: _____

Address: _____ telephone/mobile: _____

Person in loco parentis: _____ telephone/mobile: _____

Signature of Parent/Guardian/Loco Parentis: _____