



**U.S. JUNIOR WOMEN'S
DOUBLEHANDED
CHAMPIONSHIP**

for the Ida Lewis Trophy

Organized Authority: US Sailing

Supported by the C. Thomas Clagett Jr. Trust

Sponsored by Gill NA

Host: Mentor Harbor Yachting Club



July 24 - July 29, 2018

NOTICE OF RACE

Posted March 1, 2018

1. Rules

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing 2017-2020*, and the Prescriptions of US Sailing. Applicable Prescriptions will be posted on the Official Notice Board.
- 1.2. The following documents will apply:
 - 1.2.1. [US Sailing Regulation 10](#)
 - 1.2.2. [U.S. Junior Women's Championships Conditions](#) and [US Sailing Championship Conditions](#).
 - 1.2.3. [US Sailing Championship Support Vessel Policy](#)
- 1.3. RRS 40 is changed so that each competitor shall wear a USCG approved life jacket that is 100% dependent on foam for flotation and the appropriate size for the sailor, at all times while on the water, except for brief periods while adding or removing clothing. (US Sailing Regulation 10) A violation of this instruction may be protested by race officials or a competitor; however an inadvertent and momentary breach of this instruction may receive a penalty less than disqualification at the discretion of the protest committee. This changes rule 64.1. [DP]
- 1.4. RRS 60.1(a) is changed to add: "nor may she protest another boat for an alleged breach of any class rule other than class equipment measurement rules;"
- 1.5. The notation "[DP]" in a rule in this NoR means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification and may range from a reprimand to a dismissal from the regatta.

2. ADVERTISING

Boats may be required to display advertising chosen and supplied by the Organizing Authority as outlined in World Sailing Regulation 20. [DP]

3. EVENTS

The regatta will include the following events utilizing the following class compliant equipment:
Doublehanded Dinghy – Club 420 with spinnaker and trapeze.

4. ELIGIBILITY

- 4.1. Competitors shall be females who have reached their 13th birthday but not their 19th birthday during the calendar year in which the event is held.
- 4.2. Competitors must be individual or family members, all in good standing, of US Sailing at the time of registration and the event.
- 4.3. Competitors must be eligible to compete under the laws, regulations, policies and rules of USOC or its affiliated organizations.



- 4.4. Competitors shall be U.S. citizens. Proof of citizenship must be provided if requested by the Organizing Authority

5. REGISTRATION and ENTRY

- 5.1. Registration will open on March 1, 2018.
- 5.2. Registrations shall be submitted online no later than midnight ET July 3, 2018.
- 5.3. Registration may only be made by completing the online registration at: <http://www.ussailing.org/racing/championships/youth/jrwomensdoublehanded/> (the "Event Website").
- 5.4. This event is capped at 40 boats; entries over that number will be placed on a waiting list. Registration will open for those on the waiting list in the order received.
- 5.5. The entry fee is \$350 per competitor which includes housing, coaching, daily transportation to and from the host club, meals and entertainment.
- 5.6. The entry fee shall be paid by credit card online at the time of registration.
- 5.7. No refunds of the entry fee will be made after July 3, 2018.
- 5.8. To be considered an entry in the regatta, a boat shall complete all registration and pay all fees by the deadline stated in NoR 5.2 and complete required waivers, code of conduct and releases by the start of the event.
- 5.9. Sailorships for travel expenses are available for this event. Applications for eligible sailors can be found at: <http://www.ussailing.org/racing/championships/youth/sailorships/>

6. CREW CHANGES

- 6.1. Once a team's entry is accepted for an area qualifier or championship, and before the beginning of the event, substitution of team members is prohibited except as provided below. Substitution for the helm shall never be permitted. Individual championships may have additional requirements, which shall be listed in their conditions.
 - 6.1.1 Substitution of a team member other than the helm after qualification or acceptance in a championship may be requested for medical reasons or family emergency. Exceptions may be made for unexpected work or school conflicts. Supporting documentation may be requested.
 - 6.1.2 All substitutions shall be adequately explained by the qualified helmsman and are subject to approval by the Organizing Authority.
 - 6.1.3 If the requested substitution is not approved, the eligible team will be accepted.
- 6.2. When an event is in progress:
 - 6.2.1 If a sailor other than the helm cannot continue due to sickness, accident or other emergency, a replacement sailor may, with the approval of the Organizing Authority, be substituted for one or more of the races.
 - 6.2.2 If the event is a qualifier for the national championship, the substitution shall be permanent for the team moving forward. The only exception shall be for match racing.
 - 6.2.3 The substituted sailor shall meet all eligibility requirements and shall be very close in weight to the substituted sailor. The representative of the Organizing Authority will have sole authority for determining whether the reason for substitution and the proposed sailor are acceptable.

7. HOUSING

- 7.1. Housing is provided and is required for all competitors.
- 7.2. Local competitors may be permitted to stay at their own homes in accordance with the criteria detailed in the [U.S. Junior Women's Championships Conditions](#).

8. CHARTERS

A limited number of charter boats will be available for the event by Zim Sailing. Charter information

will be posted on the Event Website. Charter agreements are between a competitor and the charterer.

9. PRELIMINARY SCHEDULE (subject to change)

- 9.1 **Early/ late arrivals and/or departures are not permitted.** Permission for any exceptions must be requested to championships@ussailing.org at least two weeks in advance and will only be granted for extenuating circumstances.
- 9.2 If sailors are flying and considered as unaccompanied minors by the airline, they must notify the Event Chair at least two weeks prior to the event so that airport pickup details can be coordinated with the airline.
- 9.3 Competitors arriving by air are required to fly into and out of Cleveland Airport (CLE). Any exceptions must be requested from championships@ussailing.org at least two weeks in advance and will only be granted if there are extenuating circumstances and if appropriate transportation and adult supervision is arranged by the competitor.
- 9.4 Transportation will be provided to and from Cleveland Airport (CLE).
- 9.5 Additional travel details will be provided in the Welcome Letter.
- 9.6 Mandatory Participation Required:
 - 9.6.1. A two-day mandatory clinic will be held preceding the championship. The clinic will familiarize the competitors with the local conditions and probable race course. Coaches for the clinic will be hired by US Sailing. Permission to miss the clinic shall be requested in advance and a response from championships@ussailing.org obtained in advance. Permission will only be granted for extenuating circumstances.
 - 9.6.2. Participation in all meals and regatta events is mandatory.
 - 9.6.3. Attendance at the Awards Ceremony is mandatory for all competitors. Competitors may depart the event after the Awards Dinner with a parent or guardian at ***approximately*** 1800.

9.7

Tuesday, July 24	1400 – 1800	Registration for competitors
	1700	Dinner
Wednesday, July 25	0800 - 0900	Breakfast
	0900 – 1600	Clinic
	1700	Dinner
Thursday, July 26	0800 - 0900	Breakfast
	0900 – 1600	Clinic
	1700	Dinner
Friday, July 27	0800 - 0900	Breakfast
	1100	Warning signal for first race of the day; subsequent races to follow
	1700	Dinner

Saturday, July 28	0800 - 0900	Breakfast
	1100	Warning signal for first race of the day; subsequent races to follow
	1700	Dinner
Sunday, July 29	0900	Breakfast
	1100	Warning signal for first race of the day; subsequent races to follow
	1400	No Warning Signal after 1400 Awards following racing

10. MEASUREMENT

- 10.1 Each boat shall comply with the equipment measurement rules of the Club 420 class and may be inspected for compliance at any time during the regatta at the discretion of the Race Committee. [DP]
- 10.2 Personal flotation devices will be checked at registration for compliance with NoR 1.3.

11. SAILING INSTRUCTIONS

Sailing Instructions will be posted on the event website and will be available at registration.

12. VENUE

The regatta will be sailed on Lake Erie, off of Mentor Harbor Yachting Club's West Beach.

13. BERTHING

Early arrival at the venue will not be permitted.

14. PENALTY SYSTEMS

Appendix P – Special Procedures for Rule 42 will apply.

15. SCORING

- 15.1. The Low Point System of Appendix A will apply.
- 15.2. Three (3) races are required to be completed to constitute a series.
- 15.3. When fewer than six (6) races have been completed, a boat's series score will be the total of her race scores.
- 15.4. When six (6) or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 15.5. Ten (10) races are scheduled.

16. SPECTATORS

Parents are invited to spectate on Sunday, the last day of racing. A spectator boat may be available via sign-up at the venue.

17. COACHING [DP]

- 17.1. This is a Grade 2 Event as defined in the US Sailing Championship Support Vessel Policy.

- 17.2. Instructors, personal coaches and other support personnel and family members shall not go afloat in the defined racing area at any time during the clinic or racing days, except in spectator boats as defined in NoR
- 16.
- 17.3. Outside contact with competitors is prohibited on clinic and racing days commencing with the competitor's arrival at the host club and shall continue until dismissed by the National Coach each day.
- 17.4. Outside contact is defined as a parent, family member, spectator, or coach. Competitors shall not receive advice, instruction, or any type of outside assistance (other than that provided by US Sailing) including electronic communication devices while at the sailing venue during the clinic and racing days. It is the intent of this rule to prohibit contact between competitors and any person, who, in the opinion of the Protest Committee, is a coach, instructor or advisor.
- 17.5. The coaches hired by US Sailing will offer individual on-the-water instruction and group commentary/advice on land following each racing day. This coaching will be given to all competitors on as much an equal basis as possible.

18. EQUIPMENT

- 18.1. The only gear, rigging, or equipment that a competitor may take aboard a boat is: a refillable water bottle, class-legal compass, flags, plastic bucket or bailer, normally equipped ditty-bag, personal effects, PFDs, protective clothing, trapeze harness and a tow line. [DP]
- 18.2. Competitors are required to bring their own 38-foot tow line. [DP]
- 18.3. GPS devices of all varieties, styles and combinations are specifically banned.

19. PROHIBITED SUBSTANCES (US Sailing Regulation 10)

- 19.1. For Junior and Youth events or for junior or youth competitors in any US Sailing championship, no participant or competitor shall use or possess, either on or off the water:
1. marijuana or any other substance if possession is illegal under state or federal law; or
 2. any alcoholic beverages.
- 19.2. An alleged breach of this requirement shall not be grounds for a protest. However, when the protest committee believes that a competitor may have breached the above requirement, it shall follow the process described in Championships' Code of Conduct.

20. CONDUCT OF COMPETITORS

- 20.1. All competitors are expected to maintain the highest levels of conduct throughout the entire event.
- 20.2. Enforcement of discipline and conduct will be conducted as per the Racing Rules of Sailing (RRS 69.1) and the policies and procedures of US Sailing.
- 20.3. The curfew of the competitors shall be 2200.
- 20.4. Competitors are not permitted to drive any vehicle, including their own, during the event. Competitors who drive themselves to the host club shall leave their vehicle at their host family's home for the duration of the event.

21. PRIZES

- 21.1. US Sailing Championship medals will be awarded to competitors who finish first through fifth.
- 21.2. Prizes will be awarded to competitors finishing in the top three (3) places.
- 21.3. The Ida Lewis Trophy is the perpetual trophy presented to the winning team. The IDA Lewis Trophy remains on permanent display at the Ida Lewis Yacht Club in Newport, RI.
- 21.4. The C. Thomas Clagett Jr. Sportsmanship Prize will be awarded to a team or competitor based on the results of the competitors' ballots.



22. FURTHER INFORMATION

22.1 For further information please contact:

US Junior Women's Championships Committee Chair: Yolanda Cortes Mares, ymares@earthlink.net

US Sailing: championships@ussailing.org.

Event Chair: Kathy Allyn, Kathyallyn@gmail.com

Host Club: Mentor Harbor Yachting Club, Coronada Drive, Mentor, OH

21.2 All official applications, notices, forms, lists and results will be posted at the Event Website:

<http://www.ussailing.org/racing/championships/youth/jrwomensdoublehanded/>